



# MONTESSORI FOR THE HOME

## Singing helps!

"Singing encourages a child to express their emotions and sharpens their ability to communicate while exercising lip and tongue movement. But one of the biggest benefits of singing is the repeated use of the memory muscle.

Learning a piece of information attached to a tune embeds that information more rapidly in a child's mind. The majority of children learn the alphabet not by simply saying the letters, but singing them.

As children get older the power of singing in their lives can still be extremely beneficial. Matthew Freeman, development manager of "Sing up", a national singing project to help enhance music in children's education, has found that singing can be a great teaching tool for children. It can be used as a creative and fun way to increase enjoyment and achievement in subject areas where children normally struggle.

"Many children do not think of singing as 'work' and willingly participate in sessions," he says. "Singing can be used as a tool to increase enjoyment and participation in a number of different subjects."

### Singing Tips

- Encourage your child to sing while cleaning up their toys or performing chores.
- When giving your child a new task, create a song to go help engage them.
- Play songs around the house or on the way to school.
- Look out for singing classes in your area.

### Planting song for springtime

"I'm a Little Seed" (To the tune of "I'm a Little Teapot")

*I'm a little seed. I'm small and round.* [Curl right forefinger and thumb into the shape of a small circle.]

*Plant me deep into the ground.* [Cup left hand, and mime poking the seed down into it.]

*Give me sun and water, and you know,* [Use right hand to "spray" water on the cupped hand by opening suddenly.]

*Before you know it, up I'll grow!* [Push right hand up through cupped left hand, then open right hand so it looks like a sprouting plant.]

### Drizzle song

*Drizzle, drizzle, drizzle, drizzle,* [Flutter your fingers with your palms facing downwards.]

*Drizzle like the rain.*

*Pitter patter, pitter patter,* [Clap your hands against your thighs if you're sitting, or lightly pat your baby's tummy with your hands.]

*It's coming down again.*

*Thunder, thunder, I hear thunder* [Clap your hands loudly, or clap your child's hands together.]

*What a scary sound!* [Cover your ears with your hands.]

*All the rain up in the sky* [Raise your child's hands up high above her head.]

*Falls down upon the ground.* [Bring your child's hands down suddenly.]



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Information from:  
<http://www.theschoolrun.com/how-singing-can-support-children%E2%80%99s-learning>

